

A red kayak is positioned on a rocky shore next to clear, shallow water. The kayak has two black hatches and a grey interior. The background shows a rocky coastline with green moss and clear blue water. Overlaid on the top left are three stylized white trees. The text 'REALLY WILD' is written in large white letters, 'Ignite, inspire, achieve!' in yellow, and 'Academy' in white below it.

REALLY WILD

Ignite, inspire, achieve!

Academy

Kayaking Expedition

Expedition Highlights



Travelling by sea kayak or Canadian canoe really connects the explorer with nature in a manner that cannot be matched. When experienced in locations as beautiful as the Southern Cornish coast and Helford river, the whole thing is nothing short of magical.



Gliding over crystal clear waters, spotting dolphins and other wildlife, camping out and foraging on or near to beaches, watching the sun go down over the camp fire and developing survival and bushcraft skills that allow you to stay outdoors no matter what, are just a few highlights to note. Add to this the thrill of managing your kayak in the surf and the rush of adrenaline this brings creates memories that can last a lifetime.

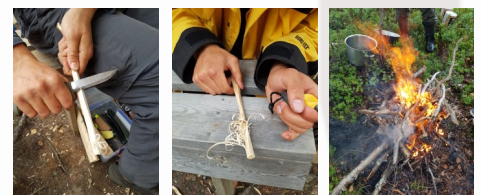
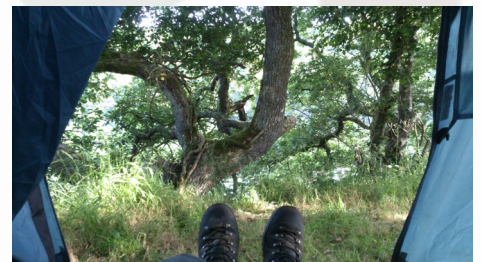
Relax, have fun, work hard and grow in character, capability and confidence.



Activities

A fantastic range of activities and skills development put into practice within the most spectacular of environments

- Expedition planning and organisation - getting ready to explore
- Sea kayaking skills
- Open water and coastal navigation
- Knifecraft, firecraft and camp craft skills
- Canadian canoe instruction or paddle boarding (*as options*)
- Fishing from kayaks in open water, foraging for oysters or mussels
- Open water rescues and first aid
- Shelter and campcraft skills
- Campfire cooking and wilderness nutrition
- Awards celebration on the final evening
- Really Wild Method® mentoring and personal challenges



Location

This expedition is to the southern coast of Cornwall near Falmouth. It takes place along stunning cliffs and beaches, within the beautiful Helford river estuary and upstream into jungle-like tributaries that are lined with ancient oak woodlands. Here, the trees hang right over the water where our paddlers make their way with the tides. The seas are as clear and as blue as the Caribbean, rich in edible seaweeds, oysters, fish and juicy mussels. An ideal location for a coastal survival adventure! We even see occasional pods of dolphins.



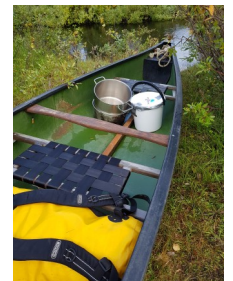
Accommodation & Facilities



Our base is at a fully serviced campsite from which daily excursions take place to the sea or river as students learn how to kayak and canoe. Overnight trips then take place on mini-expeditions that include overnight wild camping in tents or hammocks dependent upon location.



Pupils learn and practice survival and bushcraft skills and are responsible for all their food preparation and cooking. They will learn the importance of food hygiene, personal and camp organisation. Basic but wholesome supplies will be provided which will be added to from wild and natural resources foraged from the beaches and woods or caught in the sea.



Itinerary



Expeditions take place from March to September

Day 1 - Travel day, set up camp and equipment, and team meal

Day 2 - Safety briefing and kayaking lessons

Day 3 - River kayaking, survival skills and wild camp

Day 4 - Sea kayaking, bushcraft skills and celebratory meal

Day 5 - Travel home or Canadian canoeing/paddle boarding day

Day 6 - Travel day for extended trips

Digital resources for wrap-around

learning before & after the expedition



Life changing personal growth

Combining the joy and exhilaration of the wild Cornish coast with physically demanding activities creates a fantastic learning experience. When paired with our unique and proven methodology for success, (the Really Wild Method®) this experience regularly delivers life-changing results.

Opportunities include the chance to enjoy the thrills and spills experienced by world-famous explorers, to learn about taking responsibility for oneself and others, and to really understand the consequences of each and every decision we make, to learn how to survive and thrive in the wild and in life back at home.

Each participant will be encouraged to reflect on their actions, reactions and ambitions. The group will be encouraged to discuss their findings and use each others' strengths to create highly supportive and functional teams.

The expedition also brings alive several real-world subjects e.g. human and physical geography, the sciences, natural history, culture and politics.

Fully customisable, this trip is suitable for ages 10 and upwards.



Why us

The Really Wild team places each student's personal development and wellbeing at the heart of everything it does.

The team includes world-class kayaking and canoe instructors, seasoned expedition leaders and survival instructors with many years of wilderness training experience, excellent mentoring and teaching skills, and a real sense of adventure.

This unique combination not only provides for the most exciting of school trips, but ensures that outdoor skills and personal development outcomes are achieved to the highest of standards.

Getting to really know each student before their trip and creating personalised expedition challenges for them to support their own specific needs and ambitions, then relating and applying these experiences and lessons to their lives back home, are examples of how we achieve our positive and often life changing results.

Students also have the opportunity to earn a reference from our company directors that can prove invaluable when applying for school, college, university or work. In any event, what students achieve with us on expedition will certainly help them stand out from the crowd.

Contact us

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