



REALLY WILD

Ignite, inspire, achieve!
Academy

Activity days, bushcraft
camps, personal develop-
ment and expeditions for
schools

Life-changing methodology!

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TESTIMONIALS

"An awesome team of talent, expertise and inspiration! These guys helped me survive, literally! As one of the camera embeds on **Bear Grylls' Celebrity Island** I needed skills. Really Wild delivered with extra! They are fantastic with adults, amazing with children and full of the most powerful wilderness skills and life lessons too. These guys are the real deal! Highly recommended!" **Lily Murray, Producer Director: Bear Grylls' Celebrity Island & Survival School**

"Simply brilliant! Our students loved the practical, survival-based activities, and genuinely benefitted from the lessons on teamwork, resilience, determination and self-belief. Steve and his team were consummate professionals who inspired each and every one of our boarders and left them wanting more. " **Gerry Young, Deputy Head (Boarding) St. Leonards, Fife**

"Really Wild have worked with Dulwich for a number of years and have provided school camps and activity days for multiple year groups for both The College and our Junior Schools. Events have always been professionally delivered with activities uniquely and effectively linked to personal development outcomes, the curriculum and class topics. Feedback from students and teachers has been excellent. Highly recommended." **Simon Croucher, Assistant Head Co-Curricular, Head of Outings and Expeditions - Dulwich College**

"A life changing experience! I was challenged to step out of my comfort zone and into an experience that I believe will make an amazing mark on my life forever." **Amanda L. - Student**

"I can't emphasize what an impact your courses, trips, expeditions and mentoring have had on me. They have helped me in life and academically as I now near completion of my university degree" **Senior School Student - writing to us years later**

Having Really Wild work with us year after year is a highlight in our school's calendar and gives both children and staff in our school a wonderful experience that is not forgotten. They bring our topics to life and cater for all types of learners. As a teacher, it's great to see how the children interact and really shine – often those children that you wouldn't necessarily expect to, which makes the whole experience even more special."

Joe Harvey, Head of Year - West Park Primary

REALLY WILD - LEADING THE WAY

A message for school leaders: re-imagining the potential of outdoor learning

We believe that learning outside of the classroom (LOTG) has far more potential to positively influence pupils' lives than it frequently does today.

"It should no longer be acceptable to simply assume that LOTG, school trips, extra or co-curricular activities deliver optimal pupil outcomes. The same rigour should be applied as it is for lessons inside the curriculum."

Steven Shove, Founder - Really Wild Academy

An approach like no other provider

Whenever we deliver an activity day, school camp, survival course, or expedition we use an approach that truly raises the bar for optimising pupil outcomes.

Not only will pupils have a wonderful time and learn some incredible skills, they will also have the opportunity to link and apply every lesson learned from their Really Wild experience to their lives at home, at school, future work or careers in a manner that inspires great choices and behaviours, and develops strong character, capability, wellbeing and confidence.

- We believe -

"If you can survive and thrive in the wild with few or apparently no resources (which you can!) then you can certainly survive and thrive at home, at school and in the work place."



Our courses are frequently cited as life changing!

Stand out from the crowd

For schools that need or want to stand out from the crowd, working with Really Wild can make a very significant difference - attracting and retaining great staff and pupils whilst offering them the very best in personal development, enhanced wellbeing and adventure.

Re-imagine the potential

We invite you to read through our brochure to find out more about what we do, how we can meet your current requirements and perhaps help you re-imagine the potential of what can really be achieved from learning outdoors or your next school trip or activity day.

Please contact us to find out more about how we can assist with your own school's needs or those of a particular cohort or year group. Email: info@reallywildgroup.com

ABOUT REALLY WILD

THE REALLY WILD GROUP

The Really Wild Group was **founded on 1st January 2010** with the objective of improving individual and organisational wellbeing and performance by applying lessons from wilderness survival, adventure and nature to peoples' lives at school, at home and at work.

The Really Wild Academy™ serves the schools' and wider education sector with a particular focus on the delivery of high impact school camps, activity days, expeditions and digital learning. **Really Wild Business** supports leaders and their teams in organisations, and **Really Wild Bushcraft** serves families and individuals in the leisure sector.

Our results are frequently cited as life changing!

THE REALLY WILD ACADEMY

What We Do

We provide exciting, inspiring and life changing experiences for pupils, teachers, leaders, and their teams with a progression of learning and personal development throughout.

For pupils, we provide:

- **School camps and activity days** – developing bushcraft and other outdoor skills, with optional links to support specific cohort needs, class topics or the curriculum
- **Survival school** – introductory, intermediate, advanced and graduate camps for pure enjoyment or as a powerful personal development programme
- **Expeditions** – for high-impact personal growth, adventure, and multi-cultural appreciation
- **Inspiring talks and lectures** - to inspire and support school values, great behaviours and wellbeing
- **Personal development programmes** – enabling children to grow and thrive

For teachers, leaders, and staff, we provide

- **Team and leadership development**
- **Coaching/Mentoring/Consultancy**
- **Team talks/workshops and keynote speeches**

What We Are Famous For

Outdoor learning programmes that positively change peoples' lives. Facilitated by:

- **World-class and dedicated team members** - focused on pupil development and wellbeing
- **A proven methodology for success** - featured now in five bestselling books
- **Our ability to inspire and support in-person and online** - on school grounds, and our locations from the Arctic to the jungle.



Our Vision

- A society where all those we have influenced directly or otherwise enjoy a sense of increased security, personal success and tremendous wellbeing - positively impacting the world (nature and people) whilst sharing what they have learned with others.
- Children who are stronger in character, capabilities, confidence, and wellbeing, supported by an improved sense of community and personal contribution.
- Our lessons are applied to all manner of extra and co-curricular learning with close partnerships between teachers, pupils, and their families - whether we are involved or not.

Our Mission - **Ignite, inspire, achieve!**

1. To ignite a passion to succeed and positively contribute to the world.
2. To inspire action and the making of good choices.
3. To equip and enable success and the achievement of life changing results.
4. To continually evolve, share and make our approach more accessible to all.
5. To promote goals 3 and 4 of the United Nations sustainable goals - Good Health and Wellbeing and Quality Education, seen in our work with students at home and abroad.
6. To apply our thinking whenever we can to positively influence others.
7. To cultivate fun and respect in everything we do.

There is nothing we like more than working with a maverick headteacher or passionate member of staff who wants to do things differently.



Current Goals

- Delivery of outstanding school camps and expeditions for a post Covid-19 world, with refreshed overseas and UK-based wilderness programmes.
- Expanding our digital and online personal development resources targeted at primary/prep/lower years, and secondary/upper years
- Publishing our book, Really Wild Success, to extend our work as contributors to five best-sellers.

AN EXTRAORDINARY TEAM

Our amazing team sets us apart from other outdoor education providers.

Members of our team have looked after the likes of Sir Ranulph Fiennes, Sir David Attenborough and The Duke and Duchess of Cambridge. It comprises world-class explorers, qualified and respected teachers, survival experts and experienced coaches and mentors. We have collaborated with top independent schools, thought-leading state schools and universities too.

The team has collectively visited every continent on earth and explored locations where humans have never set foot before. Their stories and achievements are nothing short of inspirational.

Our staff and unique team of associates also includes leaders from industry, training, development and consultancy sectors. Each has been trained in our methodology for success. This supports the real-world application of everything we do. For students and staff, this means that we not only offer the very best and most exciting of outdoor learning experiences but that the lessons learned are always inspiring, useful, personally relevant and highly memorable. This leaves a positive and long-lasting impact on all those with whom we work.

STEVEN SHOVE MBA, DIPM, FCMI - FOUNDER AND PRINCIPAL INSTRUCTOR



Founder of Really Wild, Steven first set out a vision for the group in 2010 to create a unique and highly powerful approach to performance improvement and enhanced wellbeing that would change lives for the better and have a positive impact on the world. He blended his experience in commerce and education with the principles of survival and original human success™ to create the Really Wild Method®.

Previously, Steven led and developed several international teams and businesses as a management consultant, regional vice-president and managing director. He has extensive experience and knowledge of the business and education sectors and is passionate about helping young people lead amazing lives, to believe in themselves and to realise their potential.

His ambition is for every pupil and teacher to realise their own unique potential and to enjoy a personal competitive advantage founded on a state of incredible wellbeing.

Steven is an inspiring and highly qualified survival instructor and a #1 Amazon best selling author on the topics of wellbeing, performance improvement, and leadership. He specialises in the provision of coaching, mentoring and advisory services to pupils, leaders and their staff. He is a Fellow of the Chartered Management Institute.

Outdoors, Steven leads groups in forest, Arctic and jungle environments. He works with pupils of all ages and with executives from some of the world's most well known companies.

NIGEL PAINTER MBE, IML—DIRECTOR OF EXPEDITIONS AND PRINCIPAL INSTRUCTOR

Nigel is a senior officer within the RAF with nearly two decades of experience leading and developing young people and adults at home and abroad. He is a flight engineer on Hercules aircraft and leads a team of RAF survival instructors who teach pilots how to survive and thrive in all environments - Arctic, jungle, desert and mountain.

When he is not on operations with the RAF, Nige works with Really Wild to deliver the very best in wilderness and personal development education for our students. He has led groups in Nepal, Slovenia, Norway, the USA, the Arctic and the lesser-travelled Antarctic.

As a keen outdoorsman Nigel is also a qualified International Mountain Leader. He was awarded an MBE by the Queen in the 2016 Honours List for his services to leadership and survival training.

Nige utilises his vast experience to add real value to the content and delivery of our courses and our unique methodology for success. Nigel is also a qualified bush craft instructor and was trained by Ray Mears and John Rhyder.



BEN BOWRA B.A. (HONS), PGCE, PGCERT (QTS) - DIRECTOR OF LEARNING & SEN SPECIALIST

Ben is a qualified teacher who has taught pupils from ages 5-22 in a wide range of contexts. Since qualifying in 2013, he has predominantly taught those with learning difficulties, but also mainstream primary and English as a second language internationally.

A one time footballer who spent time playing in America and Asia as well as the UK, Ben has also represented England at beach soccer in tournaments around the world.

It was time spent in Snowdonia that first sparked a love of all things outdoors for him, and he has been taking groups back there ever since for hiking, scrambling and wild camping.

A keen rock climber and mountaineer, Ben has been fortunate enough to visit the Andes, the Rockies and the Himalayas. Additionally he has a number of 4,000m+ ascents in the Alps to his name, and continues to head there whenever possible.

Despite having spent a considerable amount of time in the tropics, it has always been cold and challenging environments that have held the most appeal.

Ben lives in Brighton with his fiancée and daughter. He was drawn to Really Wild by its ethos.



IAN PRICKETT - ANTARCTIC EXPLORER, EXPEDITION LEADER AND ADVISOR

Ian has been in the outdoor industry for over 20 years, starting off as an Expedition Leader for a Naval Unit based in his hometown of Portsmouth. He has led expeditions all over the world honing his skills in the harshest of environments.

Ian is an ISKGA (International Sea Kayak Guide Association) guide, British Canoe Union Level 2 coach, British Stand Up Paddleboard Association Level 2 instructor, British

Cycling Mountain Bike Leader and trained Mountain Leader. His passion for teaching and progression in an outdoor environment is second to none.

The past 10 years have seen him working with scientists and engineers within the British Antarctic Survey building, repairing research establishments and setting up temporary field camps; all whilst studying the amazing wildlife to be found throughout this remarkable continent.

Ian's polar experience culminated in being asked to join Sir Ranulph Fiennes on the 1st ever attempt to cross the Antarctic Continent in winter. Ian is one of only five people ever to have attempted this feat!

ABBI NAYLOR QTS, IML - EXPEDITION LEADER AND ADVISOR

Abbi is a teacher with a serious outdoor edge. Her teaching skills and experience in outdoor environments is extremely wide,. Abbi specialises in working with young people with specific educational, behavioural and mental difficulties. Her other skills include being in the British armed forces, sailing and yacht racing, sky diving, mountain walking and bush craft. She is a qualified ski instructor and mountain leader.

Abbi not only runs expeditions all over the world for students and adult groups, but she also plans and manages them. She is an advanced first aid instructor which allows her to create the safest environments possible for working outdoors.

In 2018 Abbi demonstrated an incredible feat of physical and mental strength when she completed 30 ultra marathons, and other extreme sporting and physical events to raise money for children with learning difficulties and has contributed valuable elements concerning mental health to our Really Wild Online™ digital personal development platform.



NAZARIUS DOMIANUS - JUNGLE INSTRUCTOR & EXPEDITION LEADER

Naz is an internationally recognised jungle leader who has worked with the most high profile of clients. These include **Bear Grylls, Prince William and Princess Kate, Gordon Ramsey, Sir David Attenborough, National Geographic, the Discovery Channel and Really Wild.**

Naz specialises in everything remote and has great expertise in the tropical places of the world where he leads people into the deepest jungle environments and teaches advanced flora, fauna and survival skills.

His rope work, climbing and safety skills are also amongst the best in the world. He has set up some of the longest and highest rope ways, zip lines and industrial roping projects and has been called upon by the **Guinness Book of Records** to use his jungle and climbing skills to measure and evaluate the highest trees in the world.



CHARLIE HUDSON - SENIOR INSTRUCTOR



Charlie has been working with Really Wild since leaving school. He's been a participant on both our Arctic Winter and the Borneo Survival Expeditions. His quiet confidence and calm manner inspires in challenging situations and makes him a highly dependable team member.

He worked and lived in South Africa as an instructor at the Outward Bound international School of South Africa. This involved taking groups out to the bush and teaching them rock climbing, abseiling, kayaking, canoeing, navigation, general camp craft and team building exercises.

He is also a product designer with a keen interest in blacksmithing, wood work and carving; especially in making knives and woodland tools. Charlie is not afraid to

test by trial and error and is dedicated to improving his skills through hard work. A great example to students!

Charlie is a natural people person and very relaxing to be around. He is an exceptional practitioner and a fantastic teacher who has a knack of describing and explaining things in just the right way to a diverse range of audiences. The progression shown by those in his care is impressive and his sessions always feel calm, friendly and fun.

Charlie's dedication to helping others shines through in all that he does.



JOELENE HASSE - BUCHCRAFT INSTRUCTOR

Joelene grew up in South Africa and trained with Really Wild as a bushcraft instructor and mentor.

Experienced in woodland, jungle and savannah environments Joelene has a particular penchant for teaching children about the power of creativity and their inherent ability to problem solve.

Joelene loves nature and is passionate about wildlife protection, animal husbandry, woodland management and learning to live off the land.

An expert in health and safety, Joelene also advises the company on best practices in this area.

SARAH WILLIAMS BSC (HONS) - BUSHCRAFT INSTRUCTOR

Sarah is an outstanding teacher and practitioner of bushcraft. The manner in which she engages a group of children is second to none.

She first came to work with Really Wild when she volunteered as part of her successfully pursuing her Gold DofE award. She then trained as an instructor whilst finishing her degree in history. She has contributed to a wide range of very successful school camps across all key stages.

Sarah's knowledge and love of learning have helped bring the curriculum alive on many an occasion.



SHANE WORGES - PRINCIPAL INSTRUCTOR



Shane is a former school student of Really Wild who immersed himself in everything we offered as part of his school's outdoor and personal development programme. This included our Survival School weekends, Borneo and Arctic Winter Expeditions.

Shane joined the 2016 Borneo Expedition as an assistant leader when he began to train with us as an instructor. Shane then went on to become the youngest ever fully qualified bushcraft instructor in the country.

He is now a highly competent leader and teacher of outdoor skills and has developed as a coach and mentor with a particular ability to relate to students and inspire their positive choices and behaviours. Shane now successfully leads a range of camps and activity days.

THE REALLY WILD METHOD®

Our extraordinary team is complemented by our tried and tested Methodology for Success. We call this The Really Wild Method®. It can be applied in part or in whole, formally or informally, comprehensively or in a light-touch fashion. Since its introduction, many pupils have enjoyed life changing results e.g. improving personal discipline, performing better at school, overcoming phobias and fears, daring to set new goals and achieving them.

It develops 6 key attributes:

1. **Character**
2. **Capabilities - life skills and academic**
3. **Confidence**
4. **Wellbeing - physical and emotional**
5. **Community**
6. **Contribution**

Results can be astounding when linked with the ethos and values of a school.

Our success is achieved by adherence to 12 core principles:

1. Understanding the real needs of each group, cohort or pupil. Aligning any experience accordingly and wherever possible fostering a close partnership between pupils, school and families
2. Developing links and personal relevance back to life at school and at home, and for older students to career plans and the workplace
3. Igniting the decision and a passion to achieve through motivational leadership and the development of consequence awareness™
4. Inspiring action by incredible example
5. Equipping and enabling success - through the provision of easily memorable tools, techniques and action plans
6. Recognising that each individual's situation and circumstance is unique
7. Delivering in an age-appropriate fashion with progression of learning and development designed into every programme
8. Setting real challenges and celebrating achievement - earning one's stripes
9. Developing trust and great communication, self-reliance, teamwork and leadership skills
10. Demonstrating the power of service
11. Underpinning the importance and routes to strong physical and emotional wellbeing
12. Bringing the curriculum alive



SCHOOL CAMPS AND ACTIVITY DAYS

WHY SCHOOLS CHOOSE A REALLY WILD ACADEMY EXPERIENCE

Schools choose Really Wild school camps and activity days for a number of reasons. These include the following:

- Launching or celebrating the end of school terms
- Fun, adventure, personal challenge, rites of passage, celebration and year group bonding
- Bushcraft experiences
- Connecting with nature
- Developing class topics outdoors
- Supporting key transition years' e.g. prep-lower-upper school transition, year 6/7 etc.
- Developing practical skills such as nutritious cooking, organisation, and problem solving
- Developing pupil behaviours such as good habits, teamwork, leadership and communication skills
- Enrichment week
- Links with the curriculum - STEM and the arts
- Enhancing DofE and CCF programmes
- SEN



TAILORED EXPERIENCES AND LEARNING OUTCOMES

We offer packaged and bespoke experiences with the objective of always ensuring every pupil gets the most from their school camp or activity day.

All learning outcomes and personal development objectives are agreed with teaching staff beforehand and factored into each lesson plan to ensure everything we deliver is appropriate, completely relevant and has the greatest positive impact on pupil outcomes. These may include:

- **Personal Development:** attitude, confidence, resilience, self-reliance, self-discipline, empathy, teamwork, leadership, community, cognitive development and problem solving - using our methodology for success
- **Outdoor Skills:** understanding and appreciation of the natural environment, bushcraft and other outdoor skills
- **Academic Development:** links to KS 1 - 5 Maths, Science, Geography, History, Pre-History, Environmental Studies, PE, PSHRE
- **Principles:** taught to help young people in their preparation for school life and/or their transition between school years, college, university or work

A positive impact on students and teachers alike!

EXAMPLE CONTENT

An inspiring welcome and exciting range of adventurous activities.

Students enjoy a real sense of freedom, independence and camaraderie, and the opportunity to work towards earning recognition of their personal achievements.

Fully customisable, camps and activity days might include the following for example:



- **Bushcraft and wilderness skills:** fire, shelter, wild foods and medicines, use and evaluation of primitive technologies, knife craft, rope craft and shelter craft, wild navigation, woodland management, animal stalking, tracking and wilderness preservation etc.
- **Practical life skills:** cooking, personal and camp hygiene, good food and nutrition, time keeping, customer service, organisational skills, service and kit management
- **Expedition skills:** Planning, training, kit, camping options, first aid, search and rescue and navigation
- **Inspiring activities:** - linked to desired outcomes/topics/subjects: with friendly competition and coaching to develop resilience, effective communication, leadership, teamwork and problem solving skills for example
- **Rites of passage challenges, awards and celebration** of achievements
- **Games and competitions:** Night games, search & rescue, wide games, and Really Wild Olympics
- **Coaching and mentoring workshops** - informally or with worksheets or workbooks
- **Themed to support class topics and planned to support chosen subjects**

Students and teachers have the opportunity to wild camp, to stay in tents and even sleep in a selection of Mongolian yurts depending on the locations or course selected.

AN EXCELLENT SERVICE

- Fully catered
- Hosted on school grounds or in our beautiful woods or a location near you
- Enhanced DBS staff
- First aid trained
- Really Wild Method® trained
- Highly skilled outdoor practitioners
- Passionate leaders and teachers, about their subjects and pupil development
- A pleasurable and easily managed experience for your teachers
- Excellent infrastructure at our home site - marquees, shelters, toilets, showers, Wi-Fi, and disabled access



ACTIVITY DAYS CONTENT

A selection of bushcraft and Really Wild® activities tailored to class topics, behavioural and other objectives for the day - ideal for term and year group kick-offs, celebrations, class topics, behaviour or wellbeing development and year group/key-stage transitions.

CLASS TOPICS AND THE CURRICULUM

Activity days and camps offer bushcraft and outdoor skills experiences linked and tailored to any class topic or subject. The choice is yours!

Our aim is to help teachers bring topics alive by aligning our expertise with theirs!

Topics can also be linked to subjects such as English, Science, Maths, Art, Geography, PE and Home Economics for example, as well as to the personal development outcomes e.g. - problem solving, team work, creative thinking, confidence and communication, organisation, etc.



Recent topics have included:

- Pre-history & the Stone age
- Polar explorers
- The Egyptians
- Diwali
- The Rainforest
- The Aztecs
- The Great Fire of London
- Inventors and inventing
- Cooking, food and nutrition
- Various class reading book topics
- Ecology, conservation and nature - flora and fauna
- Learning to learn
- Teamwork and leadership

Any topic can be brought alive outside of the classroom on school grounds, in local parks or on one of our own beautiful sites. We can deliver an “out of the box” experience or develop any theme with you.



Key stage (KS1-5) subjects ripe for learning outdoors include:

- Maths
- Design and technology
- Science—physics, biology and chemistry
- English/Literacy
- Geography, history and art
- PSHE and home economics

SPECIAL EDUCATIONAL NEEDS

A Really Wild® SEN experience will help pupils build personal confidence where this may be lacking, a sense of responsibility where this may be missing and stronger feelings of purpose and self-worth where these may be needed.

“For those with special educational needs, the impact of learning outdoors can be extraordinary”

Time spent with the Really Wild team in nature, experiencing adventure and personal achievement, alongside informal chats around the campfire, enables ideas and topics to be discussed (when appropriate) in a very relaxed and effective way. At the very least, it is simply just great fun.

Amazing stories from the field of wilderness survival and nature serve to inspire each child, as do their personal achievements, behaviours and positive attributes that we will always seek to recognise.

Students learn that people have always been able to survive and thrive in even the most challenging of situations and circumstances, and that they can too. Our aim is that they leave any experience feeling more positive, better equipped and enabled to thrive once home.

Our key measures of success are happier and more fully engaged students back at school and at home.



INSPIRING TALKS AND ASSEMBLIES

Delivered by our amazing team on the most inspiring of subjects, either in person in assemblies or class, or virtually through digital media, talks are created or tailored to meet the specific needs of any cohort or audience. With stories from all aspects of life and wilderness situations e.g. jungle, mountain and Arctic, content is always inspiring, relevant and easily remembered. Examples include:

- **Born to succeed** - A powerful look at and demonstration of how we are all destined to succeed, using lessons drawn for the principle of original human success™ and proving to each person that success, resilience and brilliance are to be found within the very core of our DNA.
- **Developing great habits** - understanding habits, spotting them and changing them. Lessons from high achievers of all backgrounds and wilderness survival that also include the concept of consequence awareness™.
- **Managing change and uncertainty** - An inspirational way of looking at the world through the eyes of the most successful people in history, developing an attitude of abundance over one of scarcity, and one of resilience and fortitude - ideal for key transition years, new boarders and those facing admission or final exams.
- **The Really Wild Leader** - Tailored for each audience, cohort of prefects, or a senior leadership team for example, this talk examines the attributes of a successful leader, the associated opportunities and challenges and how to make the most of this privileged position.
- **Love and a life of authenticity** - A thought provoking talk that examines the importance of leading an authentic life. It introduces five tenets of love and how these can positively impact the choices we make. This talk is ideal for pupils making important career and life-choices and for professionals too.

SURVIVAL SCHOOL

INTRODUCTORY, INTERMEDIATE, ADVANCED AND GRADUATE COURSES (2 DAYS, 1 NIGHT)

Really Wild Survival School aimed at students from age 10 to 18 years and has been designed to achieve two things:

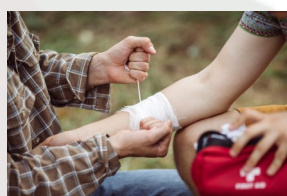
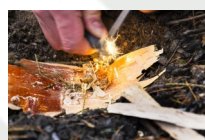
1. Development of world-class survival skills
2. A high-impact personal development journey with life changing results

Survival school courses run all year round with the many running in the middle of winter when students dare to live outdoors in shelters made only from natural resources. Survival school is where the Really Wild Method® seriously comes into its own.

Subjects that may have been introduced during our school camps and activity days are expanded and developed to a standard that enables students to survive and thrive in the wild for real. A survival school experience is also an ideal foundation for any school expedition - be it ours or anyone else's.

Pupils, their teachers and parents have frequently cited the following personal outcomes:

- Better performance at school
- Greater self-confidence and personal discipline
- Enhanced organisational skills
- Greater clarity of purpose and direction
- Improved dietary habits
- Improved physical and mental wellbeing
- Superior leadership, teamwork, and communication skills
- Excellent outdoor skills and a sense of tremendous achievement



EXAMPLE COURSE CONTENT

- Survival priorities and attitude
- Fire craft - safety, ignition, fire lays
- Knife craft, safety, the law, carving and the use of woodland tools
- Stalking and tracking
- Primitive technologies and design
- Search & rescue, first aid & emergencies
- Wild foods, medicines and wellbeing
- Nutrition and diet, backwoods cooking, sourcing water, purification and management
- Wild navigation, compass and map use, Morse code and night navigation
- Shelter & camp craft - natural and man made, rope craft, knots and tarpology
- Expedition planning, preparation and safety
- Communication, leadership, and teamwork
- Really Wild Method® coaching and mentoring

EXPEDITIONS

The expeditions programme is an outstanding opportunity for pupils to gain new skills and capabilities in the most exciting and personally challenging of circumstances, in new geographies and often alongside people from different cultures. Led by our most senior team and expert local partners, expeditions provide the most inspirational and exceptional opportunities for personal development.

Long lasting impact and a competitive advantage

We will often work with pupils months before they go, to set-up personalised tasks and challenges for their expedition that are specifically aligned to their unique personal development or career goals and needs. The positive impact on pupil outcomes is huge!

Where earned, invaluable references from the directors of Really Wild Ltd are provided to greatly aid pupils with their applications to their next school, college, university or job. A real competitive advantage!

KAYAKING AND CANOE EXPEDITIONS

LOCATIONS: CORNWALL, SCOTLAND, FINLAND OR SWEDEN

DURATION: 5 TO 7 DAYS

The experience

Kayak on the sea or canoe on beautiful lakes or rivers, wild camp, fish and forage as you go. Learn to survive and thrive in the UK or abroad and experience the life of a true explorer.

Personal progression

Participants will have developed their canoeing and/or kayaking skills and a host of other wilderness capabilities. Time to reflect and grow makes for a great personal development experience. Company references may be earned too, to help with school, college, university or job applications.



- **Kayaking and canoeing instruction and certification**
- **Expedition planning**
- **Open water first-aid, navigation, safety and rescue techniques**
- **Natural and modern navigation skills**
- **Fishing from your kayak on the open water**
- **Foraging; identification of foods in the wild on and off shore**
- **Knife craft**
- **Expedition cooking and nutrition**
- **Shelter and camp craft skills**
- **Survival priorities and techniques**
- **Really Wild Method® mentoring**

ARCTIC SKILLS WINTER EXPEDITION

LOCATION: FINLAND

DURATION: 7 DAYS, 6 NIGHTS

The Arctic in mid-winter may seem the most inhospitable of places, but with the right skills and instruction, and a first-class base from which to run activities, students can safely experience what it is really like to survive and thrive in one of the most pristine and beautiful environments on earth.



The experience

Arctic winter expeditions take place from October to April and provide opportunities for adventure and personal achievement that will certainly help any student stand out from the crowd. Whether it is sleeping out in the open under the northern lights, building and sleeping in a myriad of snow shelters, navigating and leading a team through deep forests on snow shoes or skis, or driving your husky team, students are guaranteed memories that will last a lifetime.

EXAMPLE COURSE CONTENT

- Husky dog sledding
- Establishing Arctic expedition base camps
- Safely building and sleeping in snow shelters
- Navigating in white out conditions through dense forests and across tundra-like environments
- Bushcraft and survival training
- Cross-country skiing and snow shoeing
- Tracking animals
- Planning and leading expeditions
- Search and rescue and Arctic first aid
- Really Wild Method® mentoring and personal challenges



Personal progression

Students will return home with a new-found sense of self-confidence, feeling massively inspired and equipped to make the most of their lives. Whatever age between 10 and 18 years, our students come back having grown immensely in character, capability and confidence. For those facing exams for example, e.g. 11+, GCSE's, IB or A 'Level exams, the experience seems to really help with their focus and determination. Valuable company references may also be earned to help with applications to schools, college, university or work.

ARCTIC SUMMER EXPEDITION

LOCATIONS: FINLAND (OR SWEDEN)

DURATION: 7 DAYS, 6 NIGHTS

Travelling to the Arctic and other Nordic regions in the summer can offer a wilderness experience like no other. At a time when the sun never truly sets the opportunities to explore are limitless. A once seemingly barren and impassable land comes alive with flora and fauna, inviting forests, and crystal-clear waters. In a land now freed from the snow and carpeted in berries, the traveller can enjoy clear passage and true abundance indeed!



The experience

Arctic summer expeditions take place during the summer holidays, and comprise of a wonderful mix of adventure and relaxation. They provide an outstanding opportunity for students to bond with each other, to make new friends and to try out new experiences in the most stunning of locations. Whether on land or water, memories will be made that will last a lifetime. Personal challenges and achievements will all contribute to personal growth.

EXAMPLE COURSE CONTENT

- Wild camping under the midnight sun
- Canoeing meandering rivers through post-glacial landscapes
- Learning Nordic bushcraft and survival skills
- Expedition planning and organisation
- Developing knife and axe craft skills – taking home what they have made
- Foraging, cooking the food of explorers on the campfire
- Knifecraft
- Learning to track and stalk wild animals
- Making cordage and rope from natural materials
- Prospecting and panning for gold alongside local prospectors (location dependent)
- Learning about local history, the changing geo-political landscape and environmental protection
- Really Wild Method® mentoring and personal challenges



Personal progression

Fireside chats with the option to complete a personal development work book, powerfully link what is learned on expedition to pupils' lives back home. References written by Really Wild Ltd company directors may also be earned to help with school, college, university and job applications. Specific links to the curriculum from GCSE to A-level and IB standard may also be included.

BORNEO JUNGLE EXPEDITION

LOCATION: SABAH MALAYSIA (NORTHERN BORNEO)

DURATION: 14 OR 21 DAYS

Under the watchful eye of the most experienced and trusted jungle expedition leaders in the world, an expedition to Borneo will leave a positive mark on every student and teacher that will last forever.

The experience

Depending upon local travel rules and availability, the expedition will either take place on mainland Sabah or on a remote island to the north, or include a combination of both. Borneo expeditions take place during the summer holidays.

When we use the phrase, “life changing!”, we mean it. Personalised challenges, unique experiences, mentoring and references from our directors when earned, can seriously help students stand out when applying for school, college, university or work. In the case of our Borneo expeditions, our endeavours change the lives of both the traveller and the people we visit - powered by a unique connection with the natural environment, our humanitarian aid work, leadership, cultural and Really Wild survival-skills experiences.



Students will:

- Experience brand-new cultures, e.g. meeting members of the head-hunting tribes, Bajau and people from multiple religions
- Work with local villagers on valuable community projects
- Learn to survive in the jungle or on a deserted island, developing personal resilience, awesome skills and growing in their abilities to work as a team and lead
- Develop outstanding leadership and teamwork skills
- See the impact of global decisions and behaviours on the natural world
- Experience wild animals such as the orangutan, crocodiles, lizards, birds, insects and amphibians
- Learn about local history and culture, the inspiring stories of those who have survived under the most challenging of circumstances, and issues of particular historical and environmental importance
- Benefit from Really Wild Method® mentoring and personal challenges

Dependent upon chosen itinerary, there may also be options to take a PADI diving course, a zipwire between islands, a river-tour along the Kinabatangan River, visit the Sepilok Orangutan sanctuary or climb Mount Kinabalu.

Personal progression: Personal growth is experienced in so many ways with pupils humbly returning home but with great personal confidence, seriously well-equipped to succeed in whatever it is they choose to do. Specific links to the curriculum can also be supported.

SCOTTISH WILDERNESS EXPEDITION

LOCATION: SCOTTISH WEST COAST

DURATION: 6 DAYS 5 NIGHTS (AND BESPOKE OPTIONS)

Expeditions to Scotland include a variety of breath-taking scenery, incredible wildlife and history, with wilderness adventures and challenges at every turn. Travelling through and camping in a land first populated by our pre-historic ancestors and later by warring clans, students will experience the wilderness just as they did - fully immersed in nature and in total awe of their surroundings. Opportunities for personal growth abound.



The experience

The adventure is based not far from Fort William with journeys into stunning post-glacial valleys, freshwater and seawater lochs, along rivers and along the rugged west Scotland coast with its rich and abundant natural resources, wooded and deserted islands and rugged beauty.

We offer a magical experience during which students will have tremendous fun whilst developing valuable bushcraft and survival skills. They will enjoy the unique camaraderie of an expedition situation, learn to rely on one another, develop awesome survival skills, camp out under the stars, visit derelict castles, and spot wildlife that might even include eagles, majestic stags and otters for example.

EXAMPLE COURSE CONTENT

- Survival priorities
- Expedition planning and organisation
- Teamwork and leadership
- Firecraft and primitive technologies
- Camp craft and wild camping
- Coastal foraging and fishing
- Wild foods preparation and cooking
- Wild and modern navigation
- Wildlife tracking, stalking and habitats



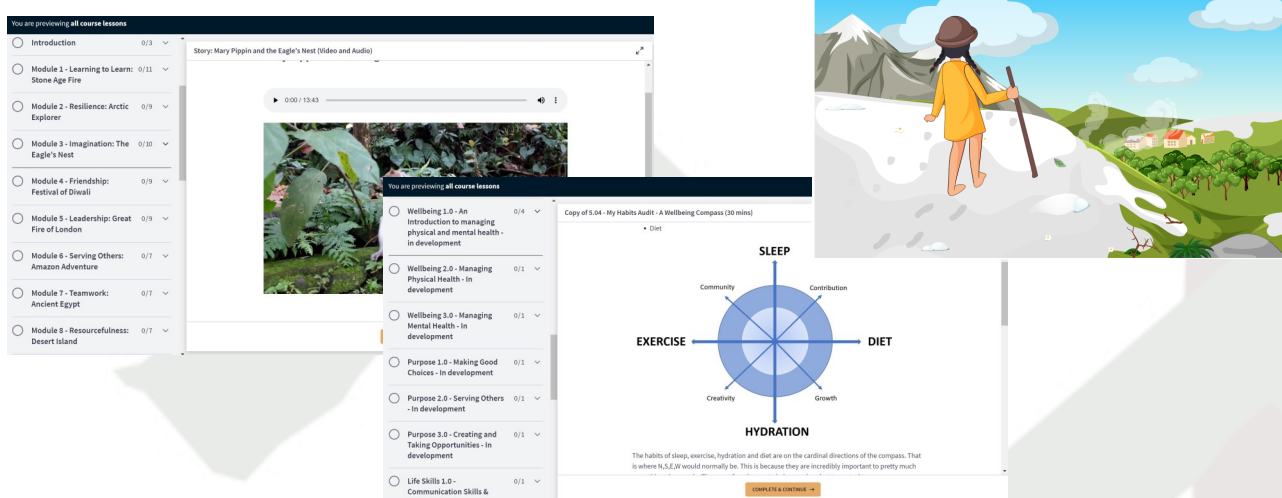
Personal progression: Campfire discussions and the completion of a personal development workbook, powerfully link experiences and lessons learned in the wild to situations back at home and at school. Specific links to the curriculum can also be included. References written by Really Wild Ltd company directors may also be earned to help with school, college, university and job applications.

REALLY WILD ONLINE™ - DIGITAL SERVICES

Our vision includes making what we do for personal development available whenever and wherever it is needed - indoors and outdoors, in school or at home, in person or remotely, with or without our direct involvement. Our new and ongoing investments in Really Wild Online™ (RWO) and related printed resources is how we are achieving this.

What it is

- A Web-based platform with options for whole-school access, access by cohort or year group, student and family
 - ⇒ **Really Wild Kids:** For pre-prep/prep/primary years - based on beautifully illustrated adventure stories using popular class topics
 - ⇒ **Really Wild Success:** For prep/secondary years - based on adventure/expedition videos and interviews with top explorers



RWO enables pupils, their families and teachers to work together to achieve the very best and longest-lasting personal development and wellbeing outcomes. Really Wild Online™ and printed resources can be used standalone or as part of our in-person activity days, school camps, talks or expeditions - before, during and after their taking place.

We focus on personal development and wellbeing, but with links to popular class topics and the curriculum. This allows teachers and parents to use the service to complement their work as they see fit, benefitting at every opportunity from pupils' personal growth in character, capability, confidence and wellbeing whilst supporting academic outcomes too.

Example modules include: Developing good habits, Resilience, Managing change, Teamwork, Leadership, Managing key transition years, Developing strong mental and physical health, Healthy eating, Being organised, Feeling confident, Making friends, Learning to learn etc.

- Really Wild Online™ features comprise:
 1. **Audio & visual media to ignite a pupils passion, inspire action, develop life and practical skills, and enable their success**
 2. **Activities and challenges that develop key personal development outcomes and learning objectives**
 3. **Quizzes and reflection-work to draw out, reinforce and verify learning salient to each module**
 4. **Secure communities/discussion threads by lesson, school or cohort to support pupil engagement**
 5. **Downloadable worksheets, notes and certificates of achievement**
 6. **Suggested cross-curricular ideas to aid teachers in lesson and curriculum planning**
 7. **A quick access glossary of resources - e.g. links to instructional videos on specific skills or topics**
 8. **The help zone – important links to help with safeguarding and wellbeing that may arise in a remote learning situation**

Version 1.0 - See or subscribe to Really Wild Online™ now by following this link: <https://reallywildonline.thinkific.com>

STAFF AND LEADERSHIP DEVELOPMENT

Helping the Senior Management Team and all school staff perform to the very best of their ability is extremely important to us.



Our sister organisation, Really Wild Business, specialises in the training, mentoring and development of professionals within the education and business sectors. We have worked with schools, universities and companies.

Our advisory team is made up of experienced teachers, highly respected management consultants, trainers coaches and mentors. We can work with your team in school, offsite in the countryside or virtually online.

Just like our work with pupils, our aim is that everything we do is incredibly inspiring, highly relevant, practical, memorable, easy to deploy and founded upon our unique and proven Methodology for Success.

We have an ideal team to deliver bespoke CPD days indoors or outdoors, consultancy and mentoring for leaders and staff.

Examples of where we can help include:

- Improving staff wellbeing and motivation
- Understating and developing stronger teams
- Developing leaders and managers
- Better managing change and uncertainty
- Strengthening and expanding the provision of learning outside the classroom (LOTG) - e.g. to help bring the curriculum alive and to support improved pupil behaviours
- Supercharging pupil outcomes from school trips, activity days and other extra/co-curricular learning
- Applying the principles of Whole Person and Whole Organisation Performance™
- Enhancing sales, marketing and operational performance



Contact us for an exploratory conversation to find out about our approach and how best we might help.

Email: info@reallywildgroup.com



Words of wisdom from our students.....

"You never fail unless you give up"

Student: Alfi S.

"If you try new things, you will remember them. If you work harder, you will get better results. If you look after others, they will look after you"

Student: Gianfranco R .

"Try it!"

Student: Archie S.



Activity days, bushcraft camps, personal development, and expeditions for schools

Life-changing methodology!

Website: www.reallywildacademy.com

Email: info@reallywildgroup.com