

# REALLY WILD

Ignite, inspire, achieve!

Academy



Scottish Wilderness Expedition



# Expedition Highlights



The West coast of Scotland is a land of wonder and adventure that will capture the spirit of the Really Wild Explorer right from the start. Venturing out into a landscape that is overwhelmingly magnificent in its size and beauty will take your breath away.

The opportunity to get a taste of what it would have been like to travel through and live in the Scottish wilderness during ancient and pre-historic times is presented at every turn - with its mountains and lochs, free running rivers and a coastline that is rugged, full of resources and peppered with deserted and forested islands.

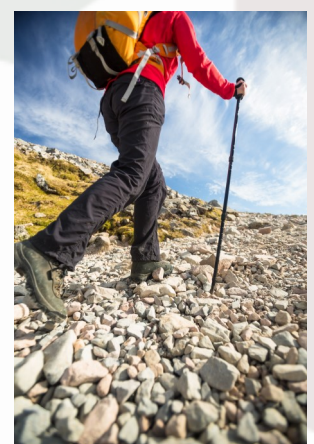
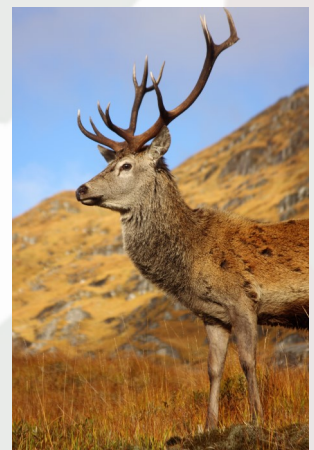
The highlights of this trip will be unique to everyone but will surely include a mix of adventure, camaraderie, development of superb survival skills and total immersion in nature, living with the elements and perhaps spotting wildlife that few may ever have the chance to see.



## Activities

Activities can be tailored according to each group's requirements, age or experience but may include for example:

- Expedition planning and organisation - getting ready to explore
- Trekking and navigating along post glacial lochs and rivers, and through forests
- Wild camping in tents, hammocks or wild shelters
- Coastal foraging and survival skills - perhaps with the possibility of deserted island or beach survival challenges
- Practicing and developing bushcraft skills e.g. knifecraft, axe-craft, firecraft, campcraft, foraging, natural navigation, tracking and spotting wildlife e.g. magnificent stags, otters and eagles.
- Site seeing e.g. ancient castles and Harry Potter's railway (optional)
- Outdoor cooking and a brilliant awards dinner and celebration on the final evening





# Location



Base camp is in Glenuig at the head of a beautiful coastal inlet which is situated thirty five miles from Fort William on the West coast of Scotland. It is one of the country's most stunning locations!

The inlet itself is surrounded by woods and diverse environments including pristine lochs and rivers, post-glacial valleys and deserted islands. This wild and historic place has all that is needed for a true adventure, thrills and self-discovery.

# Accommodation & Facilities

Our explorers camp outdoors in tents, under tarps or in wild debris shelters dependent upon location or choice of itinerary. Some nights will be in or near to base camp with others out in the wilds removed from immediate civilisation.

Our site in Glenuig offers all the necessary facilities from which to base ourselves and prepare any excursion. It also has space indoors should weather become extreme.



# Example Itinerary



**Expeditions can take place all year round, with each itinerary suitably adapted for the weather and pupil capabilities**

**Day 1** - Travel day, welcome meal and set up camp

**Day 2** - Bushcraft and expedition skills training day

**Day 3** - Trekking inland, survival skills and wild camping

**Day 4** - Trekking inland, survival skills and wild camping

**Day 5** - Coastal foraging, survival skills and awards dinner

**Day 6** - Travel home

Digital resources for wrap-around learning before and after the expedition



# Life changing personal growth

Combining the joy and exhilaration of the wild Scottish West Coast with physically demanding activities creates a fantastic learning experience. When paired with our unique and proven methodology for success, (the Really Wild Method®) this experience can deliver amazing and life-changing results.

Opportunities include the chance to enjoy the thrills and spills experienced by world-famous explorers, to learn about taking responsibility for oneself and others, and to really understand the consequences of each and every decision we make, to learn how to survive and thrive in the wild and in life back at home.

Each participant will be encouraged to reflect on their actions, reactions and ambitions. The group will be encouraged to discuss their findings and use each others' strengths to create highly supportive and functional teams.

The expedition also brings alive several real-world subjects e.g. human and physical geography, the sciences, natural history, culture and politics.

Fully customisable, this trip is suitable for ages 10 and upwards.

## Why us

The Really Wild team places each student's personal development and wellbeing at the heart of everything it does.

The team includes world-class and seasoned expedition leaders and survival instructors with many years of wilderness training experience, excellent mentoring and teaching skills, and a real sense of adventure.

This unique combination not only provides for the most exciting of school trips, but ensures that outdoor skills and personal development outcomes are achieved to the highest of standards.

Getting to really know each student before their trip and creating personalised expedition challenges for them to support their own specific needs and ambitions, then relating and applying these experiences and lessons to their lives at home, are examples of how we achieve our positive and often life changing results.



Students also have the opportunity to earn a reference from our company directors that can prove invaluable when applying for school, college, university or work. In any event, what students achieve with us in the Scotland will certainly help them stand out from the crowd.

## Contact us

**Telephone:** +44(0) 07771 520515

**Email:** [info@reallywildgroup.com](mailto:info@reallywildgroup.com)

**Website:** [www.reallywildacademy.com](http://www.reallywildacademy.com)

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