



Expect Outcomes & Opportunities

If you can survive and thrive in the wild with few or apparently no resources, you can certainly survive and thrive in life - at home, at school and at work.

This is how to get there:

- Survival, teamwork & leadership skills developed to the very highest levels of competency
- Full immersion and connection with nature in every season
- Huge amounts of fun and adventure
- Progression from introductory, to intermediate then advanced and graduate levels
- A personal development journey building character, capabilities, confidence, wellbeing, community and a spirit of contribution with coaching using the Really Wild Method®
- A serious sense of achievement that will last a lifetime
- The chance to earn a valuable written references from Really Wild Ltd company directors to help gain entry into a new school, college, university or job
- Possibilities for work experience or volunteering, and to train as a Really Wild survival instructor or expedition leader. Several past pupils have already joined our team.
- Adding to the skills and experiences of DofE and CCF
- Digital resources for wrap-around learning in class and at home

Introductory Programme

Arrive on site and immediately learn to thrive, learning critical skills from the outset.

- Understanding survival priorities
- Challenges to build trust and outstanding communication lives may someday depend on these!
- Construct debris shelters from scratch for protection from the elements. This will be home for the duration of the course
- Introductory firecraft and campfire skills learning how to make and use fires in challenging circumstances
- Backwoods cooking preparing hearty meals from scratch over the

 fire
- An introduction to camp hygiene, life-saving nutrition and organisation
- Knifecraft the law, safety, knife-knowledge and learning multiple techniques to create useful tool(s)
- Really Wild Method® mentoring and campfire discussions











Intermediate Programme

Develop skills to the next level and add to them, testing what has been learnt so far and developing further expertise.

- Wild shelter challenges
- Next-level firecraft skills and challenges to include: multiple ways of ignition (manmade and natural), several fire lays for a wide range of survival purposes and different weather conditions
- Next-level knifecraft skills, saws and axes additional techniques and uses and the creation of more complicated implements
- Foraging for wild foods and medicines and understanding poisons
- Experimentation with multiple wild-cooking techniques and survival foods for use in more challenging situations
- Primitive weapons design, use and evaluation
- Stalking and tracking
- Really Wild Method® mentoring and campfire discussions



Advanced Programme



Time to add a whole new range of capabilities. These may include topics such as:

- Natural navigation using the sun, stars, wind, plants and animals
- An introduction to wild-cordage making and rope craft
- First aid, search and rescue
- Fire by friction
- Morse code and more advanced rescue techniques
- Signal fires
- Knots, hammocks and tarps
- Trapping, snares and primitive fishing methods
- Really Wild Method® mentoring and campfire discussions



Graduate Programme

Graduates of the first three tiers are invited to attend and help plan a special set of camps and miniexpeditions during which they can further practice and develop their skills. Wild foods and elaborate cooking techniques, comprehensive knifecraft projects and topics such as wild animal preparation may also be developed.

Useful information

Locations: Woodland sites in the UK or abroad, your school grounds or ours

Accommodation: Wild shelters made from available materials (e.g., snow,

leaves, bracken), tarps, hammocks and tents

<u>Food:</u> Wholesome foods cooked over the campfire alongside wild-edibles

When: All year round - winter, spring, summer, autumn (usually two days)

Why us

The Really Wild team places each student's personal development and wellbeing at the heart of everything it does. Training and learning to survive outdoors at all times of year, student-welfare and safety is always secure.

The team includes world-class expedition leaders and survival instructors, superb mentors and teachers. This allows students to develop their outdoor skills to the highest levels of competency and to benefit from life lessons and experiences that could transform their lives once back home and at school using the Really Wild Method®.

Upon successful completion, students will have skills to help them survive in almost any environment. They will have completed their journey with increased personal confidence, discipine and a strengthened desire to achieve.

Where earned, pupils may also be awarded a written reference from Really Wild Ltd company directors to help them gain entry into their next school, college, university, or job. We have helped many pupils in this way.

As we choose to work closely with a small number of schools, a Really Wild programme can become an integral part of a school's own unique approach to pupil development and learning, to really help the school, its students and teachers stand out from the crowd.





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